



# 2010 Summer Camps

**Not a school sponsored program**

## Community Camps

Seacoast United's community camps are a fantastic way for players to learn and experience the game in a fun and creative environment. Each camp is age and ability appropriate and offers individual skill development through fun teaching games and exercises. Each week ends with a final World Cup day where players can showcase their skills while playing small sided matches simulating the 2010 World Cup in S. Africa. Creating a positive relationship and confidence with the ball, our community camps are a great option for your young soccer player!

## Skills Camps

Our skills camps encourage players to be comfortable and confident with the ball at their feet. Each of our skills camps is open to experienced travel, club and high school players striving to become more creative and competent on the ball. Coaches will push players past their comfort zone from day to day and encourage players to take risks in small sided scrimmage play. This year we will offer skills camps such as our Finishing & Goalkeeper School, Futsal Training, Passing & 1<sup>st</sup> Touch, High School Preseason, and our Advanced Day Camp at NYA - Seacoast United Maine's premier camp of the summer.

## Field Hockey & Lacrosse Summer Camps

Seacoast United also offers various camps for field hockey and lacrosse players. During the summer various levels of camps are offered from the club and high school level to the 'first timers'. Each camp is age and ability appropriate while combining fun aspects of the game with necessary skills to improve and grow as a player. Please look at our online summer schedule to see what is available for your player.

**TO REGISTER ONLINE FOR MOST SUMMER CAMPS VISIT:**

**[WWW.SEACOASTUNITEDMAINE.ORG/CAMPS](http://WWW.SEACOASTUNITEDMAINE.ORG/CAMPS)**

Please visit our website for a full summer camp list including registration information and tuition costs.

For any questions relating to any Seacoast United Maine programs please contact Allyson Joy at [ajoy@seacoastunited.org](mailto:ajoy@seacoastunited.org) or 207-729-8444.



# Community Camp Schedule

## Community Soccer Camps

|  |                          |                           |
|--|--------------------------|---------------------------|
| June 21 <sup>st</sup> -25 <sup>th</sup>  | South Portland           | 5-14 yrs                  |
| July 5 <sup>th</sup> -9 <sup>th</sup>    | North Yarmouth Academy   | 3-14 yrs                  |
| July 26 <sup>th</sup> -30 <sup>th</sup>  | Boothbay – Recreational  | 3-14 yrs                  |
| July 26 <sup>th</sup> -30 <sup>th</sup>  | Boothbay                 | Travel Players Only       |
| August 9 <sup>th</sup> -13 <sup>th</sup> | S. Portland HS Preseason | 9-12 <sup>th</sup> grades |

## Lacrosse Camps

|   |                  |          |
|---|------------------|----------|
| June 21 <sup>st</sup> -25 <sup>th</sup> | Girls' Lacrosse* | 7-17 yrs |
| August 2 <sup>nd</sup> -6 <sup>th</sup> | Boys' Lacrosse*  | 7-17 yrs |

\* Full & Half Day Camps available

Tuition for all programs and full camp descriptions are available at:

[WWW.SEACOASTUNITEDMAINE.ORG/CAMPS](http://WWW.SEACOASTUNITEDMAINE.ORG/CAMPS)

NORTH YARMOUTH ACADEMY



# Skills Camp Schedule

## Advanced Day Camp

|  |                        |          |
|--|------------------------|----------|
| July 26 <sup>th</sup> -29 <sup>th</sup>  | North Yarmouth Academy | 7-16 yrs |
| August 9 <sup>th</sup> -12 <sup>th</sup> | North Yarmouth Academy | 7-16 yrs |

Seacoast United Maine's Advanced Day Camp is our premier camp of the summer. The highest quality instruction will be given to motivated players willing to learn, be tested and pushed technically and tactically. Our full time coaches, club coaches, international staff, as well as current college and former SUSC players will mix a high level of play with the right amount of fun to make this camp our best of the summer.

## Skills Camps at North Yarmouth Academy

|   |   |                   |
|---|---|-------------------|
| June 28 <sup>th</sup> -July 2 <sup>nd</sup> | Finishing & Goalkeepers                 | 8-18 yrs          |
| June 28 <sup>th</sup> -July 2 <sup>nd</sup> | Futsal Training                         | 11 to High School |
| July 5 <sup>th</sup> -9 <sup>th</sup>       | Skills: Passing & 1 <sup>st</sup> Touch | 8-18 yrs          |
| August 2 <sup>nd</sup> -5 <sup>th</sup>     | High School Preseason                   | 15-18 yrs         |
| June 28 <sup>th</sup> -July 2 <sup>nd</sup> | Girls' Lacrosse                         | 7-17 yrs          |
| August 2 <sup>nd</sup> -6 <sup>th</sup>     | Boys' Lacrosse                          | 7-17 yrs          |